



## REGISTRATION NOW OPEN!

MAY 30—AUGUST 11, 2023

Tiger-Rock Martial Arts Rockport is taking registrations for the 2023 TaeKwonDo Summer Camps for children ages 5 – 12. In addition to learning TaeKwonDo and Martial Weapons each child will be taught valuable life skills, how to avoid dangerous situations and what to do if approached by a stranger.

### 2023 PROGRAM DIRECTORS

#### Mr. Jerry Hernandez

2nd Degree Black Belt

Certified Martial Arts Instructor & Success Coach

#### Mr. Anthony Martinez

4th Degree Black Belt

Certified Martial Arts Instructor & Success Coach

### PROGRAM DETAILS

**Taekwondo Lessons** Tiger-Rock TaeKwonDo blends the ancient art of TaeKwonDo with modern approaches to teaching and sport science to make our style available to everyone. Cultivate both inner and outer strength in a safe, comfortable environment.

**X-Pro & Weapons** Today it is practiced as a Martial Art that improves concentration, develops strength, coordination, self-discipline and cultivates awareness of an ancient culture and its traditions. Martial Arts weapons are from an ancient era in human history but are still relevant in today's world. Learning how to use a weapon is the best way to learn how to defend against it. The student will learn how to control the weapon and its strengths and weaknesses.

**Life Skills Lessons** Students will learn important life-skills lessons such as:

- Responsibility/Courage
- Physical Fitness
- Concentration/Focused Listening
- Patience/Perseverance
- Community
- Honor/Respect
- Friendship/Confidence
- Manners/Social Skills
- Honesty/Integrity
- Positive Attitude/Health



922 TX-35 BUS Suite A, Rockport, TX 78382  
(361) 450-0425 · [ROCKPORTMAF.COM](http://ROCKPORTMAF.COM)

